



Day One

IT'S TIME TO TALK ABOUT IT

OUR MISSION
is to REDUCE
the prevalence of
SEXUAL ABUSE
and VIOLENCE,
and to SUPPORT
and ADVOCATE for
those affected by it.

IMAGINE A WORLD FREE OF SEXUAL VIOLENCE

At Day One, we aren't just imagining it. We are working tirelessly to make it a reality. We believe it can happen.

Day One is the only agency in Rhode Island organized specifically to deal with issues of sexual assault as a community concern. We provide treatment, intervention, education, advocacy, and prevention services to Rhode Islanders of all ages, from pre-school children to elder adults.

Founded in 1973 as the Rhode Island Rape Crisis Center, our name was changed to Day One in 2006 to foster a positive outlook for survivors of sexual abuse. We've seen the issue of sexual violence and the response to it evolve over the years. From education and awareness programs to policy changes, Day One is proud to offer support and services for survivors of sexual violence.



ONE VOICE SURVIVOR ADVOCACY GROUP



“For the 10 years it was going on, I felt alone. I felt scared; I felt trapped. I thought that this was what life was. Finally, I told someone I could trust. And I was saved.”

Jessica, age 35, One Voice member and survivor of childhood sexual abuse

Jessica was sexually abused as a child for years by her father and two other family members. She finally came forward at age 16 and eventually found Day One, where she received support, counseling and a court advocate.

Jessica is a proud member of One Voice, Day One’s survivor advocacy group. One Voice members share their personal stories through speaking engagements, media interviews, and public policy advocacy in order to help bring awareness to the issue of sexual violence. Survivors can have a powerful impact on an audience by making the often hidden crime of sexual violence very real.

For more information about One Voice, including guidelines for participation, visit www.dayone.org/onevoice

THE REALITY OF SEXUAL VIOLENCE

- One in four girls and one in six boys will experience a sexual assault before the age 18.
- 80% of victims are under age 30.
- Every 2 minutes, someone in America is sexually assaulted.
- 60% of sexual assaults are not reported to the police.
- 97% of rapists will never spend a day in jail.
- Approximately 73% of assaults are committed by someone known to the victim. In cases of college sexual assault, that number rises to 80%.
- In more than 90% of child abuse cases, the victim knows his or her abuser. Almost half the time, it’s a family member.

RAINN (Rape, Abuse and Incest National Network). (n.d.). Statistics United States. Retrieved July 17, 2014, from <https://rainn.org/statistics>

United States Department of Justice, Office on Violence Against Women. (2014). Not Alone: The First Report of the White House Task Force to Protect Students From Sexual Assault. Retrieved from <https://www.notalone.gov/assets/report.pdf>

Finkelhor, David, Hotaling, G., Lwels, I., Smith, C. “Sexual Abuse in a National Survey of Adult Men and Women: Prevalence, Characteristics, and Risk Factors.” Child Abuse and Neglect, Vol. 14, pp. 19-28, 1990.+

HOPE

THERE IS HOPE

“We’ve always known how prevalent sexual assault is, but now we’re seeing such a powerful community response. College students throughout the country are speaking out about this epidemic on their campuses. We have a strong task force committed to addressing sex trafficking in Rhode Island. Major change is happening as people increasingly realize - **it’s time to talk about it.**”

Peg Langhammer, Day One Executive Director

Hope can take many forms. Sometimes it’s the person who shows up when you need someone the most; when you feel the most alone. Quite often, we will hear from a survivor about what a turning point it was to feel the support from an advocate, someone who listened, supported non-judgmentally, and reinforced that respect is a right of everyone.

Our 24-hour Helpline ensures that an advocate is available at any hour to respond to someone in need. Our advocates provide victims with all of their options, from legal and clinical needs to emotional support.

IT’S TIME TO TALK ABOUT IT

Our nationally recognized school and community-based prevention education and professional training workshops cover a variety of topics related to sexual violence. Programs are available for students from preschool through college, parents, and professionals. Does your child’s school offer prevention education? If not, ask why.

Interested in scheduling a prevention education program at your school or organization?

Visit www.dayoneri.org/getinformed
or give us a call at 401-421-4100.



HOPE

HEALING WITH HELP

The path to healing is unique for each individual. We understand that each person's experiences are different, and that not everyone follows the same journey to healing.

STATE-OF-THE-ART CLINICAL PROGRAMS

At Day One, we offer trauma-informed clinical services, which means we treat each survivor as an individual, with specialized treatment needs and ways of expressing traumatic symptoms. Paths to recovery are different; we embrace this. Recognizing that traumatic events like childhood sexual abuse and sexual assault can make people feel unsafe and powerless, our programs are designed to be a safe and comforting place for our clients.

Visit www.dayoneri.org/gethelp

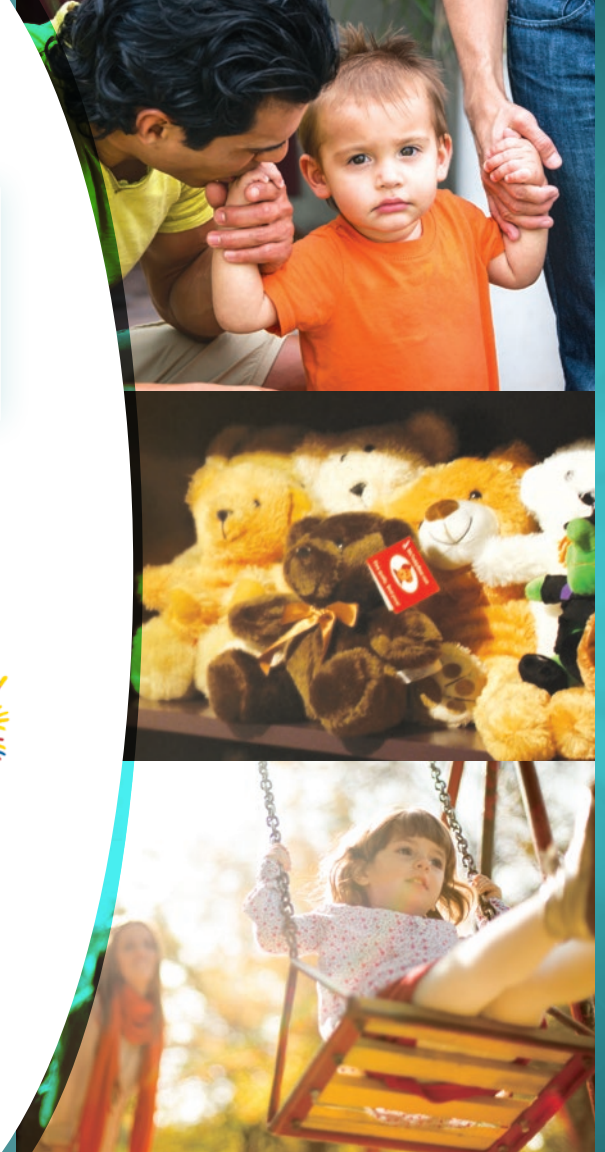
We offer:

- Individual Therapy
- Group Therapy
- Family Therapy
- Trauma-assessment evaluations
- Trauma-sensitive yoga
- Teen and adult survivor groups
- Non-offending caregiver groups

"I didn't know how to help my child until we arrived at your agency. Thank you."

CHILDREN'S ADVOCACY CENTER Locations throughout Rhode Island

Home of Rhode Island's only Children's Advocacy Center (CAC), with locations in Providence, Kent, Washington, and Newport counties, Day One provides the most effective and coordinated response to child sexual abuse. Working as a team with law enforcement, DCYF, medical and mental health providers, prosecution and advocates, we offer a child-focused approach that coordinates treatment while helping abused children heal.



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THE TIME TO ACT IS NOW

Sexual violence is a community problem that demands a community response. Here are two of the most critical issues facing our community and how Day One is leading Rhode Island's response:

COLLEGE SEXUAL ASSAULT

In addition to being a part of a state-wide team run by state and congressional leadership, Day One has reached out to every one of Rhode Island's many colleges and universities with an invitation to work together on this issue. With 24-hour advocates on call and trained clinical staff, we can help guide educational institutions through the process of both supporting victims in coming forward and ensuring student safety on campus.

COMMERCIAL SEXUAL EXPLOITATION OF CHILDREN

CSEC involves using force, fraud or coercion, or causing a minor to engage in a commercial sex act such as prostitution or pornography. Day One has established a statewide task force dedicated to ending child sex trafficking. Together with federal, state, and local law enforcement; DCYF; the Lawrence A. Aubin, Sr. Child Protection Center at Hasbro Children's Hospital; and others, we are developing new protocols for Rhode Island to deal with this burgeoning crime.

SUPPORT DAY ONE TOGETHER WE CAN END SEXUAL ABUSE IN OUR COMMUNITY

What will your donation do?

- \$100 will provide 25 high school students with effective sexual violence prevention skills through a comprehensive workshop
- \$500 will help a 6 year-old child through the difficult process of reporting sexual abuse and seeking justice.
- \$1,000 will help 20 children and adults begin the road to healing through trauma-focused treatment services.
- \$2,500 will assist 50 victims of sexual assault with crisis intervention and support immediately following this traumatic event.
- Visit www.dayoneri.org/donatenow to make a donation.



ACTION



Day One

www.DayOneRI.org.com | info@DayOneRI.org

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Need help now? 1.800.494.8100

The Helpline: 24-hour support, information and advocacy for those impacted by crimes of violence

